

**Gateway Speedskating Club  
2009-2010 Season  
FAQ's**

**[www.gatewayspeedskating.org](http://www.gatewayspeedskating.org)**

**Who can join?**

- Anyone who has an interest in the sport of speedskating.
- It is recommended that children are 4 years old before starting due to physical developmental needs.
- Prior skating experience is helpful, but not needed.
- There are no tryouts.

**How many practices can I come to?**

The schedule varies slightly based on holidays and skating meets, but generally a skater may attend three hour-long practices a week.

*A few comments about the schedule...*

\* Adjustments may be made, so recheck the website periodically

\* All new skaters begin in the Novice sessions regardless of past skating experience. The coaches continually evaluate skaters, so please speak to one if you wish to advance from Novice to Class A.

If the practice sessions become too crowded, the coaches may tell a skater to only attend the session they have been designated. This may be done for safety issues or better coaching for all.

\* **There is an additional 15 minutes added to the first practice period to set up safety pads and have skates on so practice begins promptly! Everyone is expected to assist with setup and takedown of safety pads.**

**Fundraising?**

The membership dues go 100% towards meeting our ice expenses. Often dues alone are not enough, so additional donations & fundraising are needed.

At this time our fundraisers are:

- \*the Gateway Speedskating Championships
- \*Schnucks E-Scripts

**Please participate in both of these programs to ensure success for the club.**

**How much are membership dues?**

Gateway strives to maintain a dues level that will not prohibit a skater from participating, However, we must be able to pay the rink for our ice-time. After reviewing our anticipated

schedule the Board has established the following dues for the 2009-2010 season:

1 skater / family = \$425

2 skaters / family = \$825

3 skaters or more = \$1150

**All dues must be paid by 11/15/2009**

A late of fee of \$50 for dues not paid by due date.

If arrangements needed, please contact John Moore.

**Other Expenses that are required:**

Anyone on the ice, including skaters, coaches and anyone assisting on the ice must be registered with the following associations:

**USS – US Speedskating**

\$10 for Introductory First-Time Trial Membership (good for 60 days). \$30 for first year athlete, \$55 for returning athlete [www.usspeedskating.org](http://www.usspeedskating.org)

**MSA – Missouri Speedskating Association**

[www.mospeedskating.org](http://www.mospeedskating.org)

We are an affiliate of these organizations and a skater will not be allowed on the ice or to compete in a race without these memberships.

These memberships are handled directly with the organizations. Gateway does not process them. If you need any assistance please ask a board member.

**Equipment?**

Skaters often start in hockey skates (or figure skates) until speed skates can be obtained. Often there are used skates available for sale or the coaches may recommend a retailer for you. Required equipment includes an approved hard shell helmet, long sleeves and long pants (not loose around the ankles), gloves, shin guards and a neck guard. Knee pads & elbow pads are strongly recommended. Gateway is not responsible for providing equipment for skaters.

# Gateway Speedskating Club Registration 2009-2010

**Mail completed form & dues to:**

Terry Gier  
12697 Nanell Lane..Sunset Hills, MO 63127  
1 skater = \$425  
2 skaters = \$825  
3 or more skaters = \$1150  
Additional \$50 for dues not paid by 11/15/09

Last Name: \_\_\_\_\_

(list # or date memberships were submitted)

First Name: \_\_\_\_\_ DOB: \_\_\_/\_\_\_/\_\_\_ US Speedskating #: \_\_\_\_\_ MSA: \_\_\_\_\_

First Name: \_\_\_\_\_ DOB: \_\_\_/\_\_\_/\_\_\_ US Speedskating # \_\_\_\_\_ MSA: \_\_\_\_\_

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First Name: \_\_\_\_\_ DOB: \_\_\_/\_\_\_/\_\_\_ US Speedskating # \_\_\_\_\_ MSA: \_\_\_\_\_

Do any of the skaters have a special need that the Club Board Members or Coaches need to be aware of? If yes, please check whom you'd like to speak with.  
 Coach  
 Club

Parent or Guardian Name: \_\_\_\_\_

Parent or Guardian Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Relationship: \_\_\_\_\_

Street Address: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone Number / Cellular Number \_\_\_\_\_

Phone Number / Cellular Number \_\_\_\_\_

Work Number / Pager \_\_\_\_\_

Work Number / Pager \_\_\_\_\_

E-Mail: \_\_\_\_\_

E-Mail: \_\_\_\_\_

I understand that I will not be allowed to skate in competition for any other Missouri Speedskating Association sanctioned club during the 2009-2010 skating season.

I understand that the Gateway Speedskating Club is a sanctioned affiliate of the Missouri Speedskating Association & U.S. Speedskating, and as such, I must join the above organizations.

I acknowledge that speedskating is a dangerous sport, therefore, I hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the Gateway Speedskating Club, its coaches, ice assistants, officers and directors, the City of Kirkwood, and all individuals associated with planning or conducting of Gateway Speedskating Club events and practices, their representatives, successors and assigns for any and all injuries suffered by me in connection with attendance at any Gateway Speedskating Club function or any claim for loss of personal property of any description. I agree to wear approved safety equipment consisting of helmet, gloves, shin guards, neck guard, and long sleeved shirt & pants. I also grant permission to the organizers to use my name and photographs, videotapes or other recordings of my participation in the Gateway Speedskating Club for any lawful purpose. My signature below acknowledges this waiver and release of claims, and verifies that all information given, including age is correct.

Skater's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian if under 18: \_\_\_\_\_ Date: \_\_\_\_\_

I hereby grant authority to any coach, officer, or adult in attendance that is associated with the Gateway Speedskating Club to obtain, if possible, for the above named skater, whatever medical aid and treatment might be necessary during Speedskating activities sanctioned by the Gateway Speedskating Club. Said authority shall include travel to, from and during the activity.

I, the undersigned parent or guardian, also agree to hold the Gateway Speedskating Club, and any person acting pursuant to the above authority harmless from any and all claims and agree to pay any medical bills or expenses arising from any medical aid and treatment rendered to or for the above named skater.

Signature of Parent or Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Emergency Name & Number not listed above (list someone who would have your skater's insurance information):

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Alt. Phone: \_\_\_\_\_